



**WENTZVILLE**  
**SCHOOL DISTRICT**  
LEARNING TODAY, LEADING TOMORROW

High School & Middle School  
**Athletic/Activities**  
**Handbook**  
2022-2023

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**Wentzville R-IV School District**

***Holt High School***

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*Dr. Jason Green, Activities Director*

***Liberty High School***

*Dr. Edgar Nelson, Principal*

*Cary Eldredge, Activities Director*

***North Point High School***

*Dr. Amanda Shelmire, Principal*

*Dr. Jake Adams, Activities Director*

***Timberland High School***

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## ***PHILOSOPHY***

We believe that interscholastic activities shall supplement the secondary curricular program, and as such become a vital part of a student's total educational experience. These experiences contribute to the development of learning skills and emotional patterns that enable the student to make maximum use of his/her education.

Student participation in any part of our activities is a privilege not a right. This privilege carries with it responsibilities to the school, to the activity, to the student body, to the community and to the student himself. This participation will help to develop the student physically, mentally, socially and emotionally.

## ***MISSION***

We believe the mission of the Wentzville R-IV School District (WSD) co-curricular program is to provide opportunities and experiences for all students to develop the following skills:

- Respect for self and others
- Ability to take positive risks
- Appreciation of one's talents and weaknesses
- Recognition of the value of physical, academic, and aesthetic pursuits
- Understanding of teamwork and sharing of common goals which contribute to the good of the whole
- Realization of the importance of life skills
- Awareness of the diversity in one's own and other's cultural backgrounds

We also believe that by the student's involvement in activities, he/she will have built the self-worth and integrity necessary to be able to cope with future successes and failures. To meet this end, the student must have also gained the qualities of realistic goal setting, of positive interdependence, and of moral judgment.

Activities in our program create an avenue of enrichment, entertainment, and proud association for parents and community. Through well-directed activities, we strive to enable students to contribute responsibly and ethically within society, now and in the future.

## ***GOALS***

### **INSTRUCTIONAL PROCESS**

- To teach the students to motivate themselves for excellence.
- To teach fundamental, social, emotional, and academic skills.
- To create opportunities for students to develop self-esteem.
- To effectively evaluate performance.
- To model appropriate behaviors.
- To develop teamwork and loyalty.
- To teach fundamental knowledge of activity.
- To share effective coaching methods.
- To teach responsibility, respect for others and property by developing teamwork and loyalty.

## PROGRAM MANAGEMENT

- To promote involvement in activities and communicate effectively with parents, students, community, and media.
- To create high expectations for achievement in high school programs.
- To promote high standards of academic performance.
- To offer multi-levels of opportunity.
- To encourage student participation.
- To utilize staff and resources effectively.
- To develop effective practice, rehearsal, and schedules to maximize use of time.
- To encourage all participants to support other activities.
- To develop programs for care of injuries and promote overall well-being.

## INTERPERSONAL RELATIONSHIPS

- To promote a positive relationship among team members.
- To develop positive leadership qualities in students.
- To promote appreciation for and acceptance of the differences of others.
- To show respect for the total person on social and emotional levels.
- To promote good working relationships with the administrators.
- To promote a positive image of our programs.
- To develop an attitude of partnership, appreciation, and sportsmanship among coaches, parents, students, and community.
- To communicate with parents, community, and media regarding student programs.

## PROFESSIONAL RESPONSIBILITIES

- To demonstrate a commitment to professional growth.
- To follow policies and procedures of the school district.
- To assume responsibilities outside of coaching as related to school.

## **ORGANIZATION AND ADMINISTRATION**

### **Missouri State High School Activities Association (MSHSAA)**

WSD is a member of the MSHSAA. The purpose of this organization is to promote, develop, direct, protect, and regulate amateur interscholastic athletic relationships between member schools and to stimulate fair play, friendly rivalry, and good sportsmanship among contestants, schools, and communities throughout the state.

### **The Gateway Athletic Conference**

WSD is a member of the Gateway Athletic Conference which has been organized to stimulate and promote friendly rivalry and greater interest in our high school activities.

Championships in boy's sports are recognized in baseball, basketball, cross-country, football, golf, soccer, swimming, tennis, track and field, and wrestling. Championships in girl's sports are recognized in softball, basketball, cross country, volleyball, golf, soccer, swimming, tennis, track and field and wrestling.

### **Middle School Athletics**

Eighth grade athletic teams compete with other schools in the suburban area in cross country, basketball, and track.

### **The Superintendent of Schools**

The executive function is the responsibility of the Superintendent of Schools, who establishes the ways and means of executing efficiently all policies adopted by the Board of Education.

He recommends to the Board of Education the appointment of all personnel who are given any responsibility for handling interscholastic athletics, and he approves all policies and procedures recommended by his staff; and is, in fact, directly responsible to the School Board for the successful performance of the organization.

### **The School Principal**

The school principal is the administrative head of interscholastic athletic activities, as well as all other activities of his/her school. As administrative head of the school, he/she is directly responsible to the Superintendent of Schools, to the MSHSAA, and the Gateway Athletic Conference.

Supervision of athletic contests is a cooperative matter among the principals, assistant principals, activities director, and/or designated supervisor.

### **The Activities Director**

Under the supervision of the principal, the building activities director plans, coordinates, promotes, and supervises the total activities program for the school.

### ***SPORTSMANSHIP***

The following policy statement from the **National Federation of State High School Associations** expresses the concept of sportsmanship as follows:

*"The ideals of good sportsmanship, ethical behavior, and integrity permeate our culture. The values of good citizenship and high behavioral standards apply equally to all activity disciplines. In perception and practice, good sportsmanship shall be defined as those qualities of behavior, which are characterized, by generosity and genuine concern for others. Further, awareness is expected of the impact of an individual's influence on the behavior of others. Good sportsmanship is viewed as a concrete measure of the understanding and commitment to fair play, ethical behavior and integrity."*

One of the main goals of the athletic/activities program is to teach the concept of sportsmanship. Good sportsmanship requires that everyone be treated with respect. This includes members of the opposing team, officials, coaches, and spectators.

Good sportsmanship includes showing courtesy and kindness toward your opponent as well as fellow team members. The contest is judged by the effort of the participants and not by putting down your opponent.

Winning is exciting, but winning at any cost is not the goal. Negative treatment of any participant is outside the spirit and interest of the contest.

All MSHSAA sanctioned events are a reflection of our community and school. The conduct of the team/group is extended to parents and fans before, during, and after athletic events/activities.

### ***STUDENT RESPONSIBILITIES***

As a student participant, you are in school to secure the best secondary education you are capable of achieving. Deciding to take advantage of this component plays a significant part in your total educational development. However, with this decision also come certain responsibilities, if the value of activities is to be achieved, namely:

- Striving to achieve sound citizenship and desirable social traits, including; control, honesty, cooperation, dependability, and respect for others and their abilities.
- Maintaining academic and eligibility standards as established by the Missouri State High School Activities Association and the Wentzville School District.
- Learning the spirit of hard work and dedication.
- Attaining mental and physical fitness through good health habits.
- Excelling to the limits of your potential.
- Showing respect for both authority and property.
- Willing to accept the leadership role that is instilled through the activity program.

Students need to keep in mind that they are in the public eye and that their personal conduct always must be above reproach. Students have an obligation to create a favorable image and to gain the respect of their teammates, student body, and community.

### ***PARENT RESPONSIBILITIES***

***Parents or guardians must attend or view online one Coaches, Athletes and Parents Meeting (CAP Meeting) prior to participation. Included with this is completion of the 3 in 1 form that indicates that you have reviewed or attended the CAP meeting, the Activities Handbook, and the Consent for Impact Testing annually.***

***We rely on our parents to help create a positive atmosphere by modeling positive behavior, cheering, and sportsmanship. Other important information includes:***

- ***MSHSAA rules on eligibility and citizenship;***
- ***The Wentzville Activities Handbook;***
- ***Concussion policies and procedures;***
- ***Sportsmanship***

***The CAP meeting will be offered before the start of the school year; the date will be published by the Activities Office. If a parent cannot attend, the parent will need to complete the online CAP meeting.***

### ***PHYSICAL EXAMINATIONS***

Athletes must have a physical examination every two years before he/she will be allowed to practice for any sport. (A physical examination is valid for 730 days from the date of the issued examination)

The district athletic physical form (MSHSAA Form) must be used.

Parent permission blanks are included as part of the physical examination form. Make sure this is completed and properly signed by the parent.

Physical examination forms will be on file in the office of the activities director for the high school athletes and the nurse's office for the middle school athletes.

MSHSAA has adopted concussion guidelines that will be provided to each parent and athlete before they play in a contest. The Wentzville School District will follow these guidelines.

### ***PROTECT YOUR ELIGIBILITY (Provided by MSHSAA Eligibility Publication)***

The MSHSAA, of which the Wentzville School District is a member, is a voluntary, nonprofit, educational association of junior and senior high schools established for the purpose of working

cooperatively in adopting standards for supervising and regulating interscholastic activities and contests.

One of the primary functions of the MSHSAA is to establish eligibility standards that must be met by all students to attain the privilege of representing their school in interscholastic activities.

Eligibility is a PRIVILEGE to be granted by the school to a student, which allows that student to participate in interscholastic activities. Eligibility is NOT A STUDENT'S RIGHT BY LAW. Precedents setting legal cases have determined that eligibility is a privilege to be granted only if the student meets all standards adopted by the school, which enables the school to grant the student such a privilege.

Listed below is information to acquaint you with the major rules and regulations you must follow in order to protect your eligibility.

1. You must be a creditable school citizen. Creditable school citizens are those students whose conduct, both in and out of school, will not reflect discredit upon themselves or their schools.
2. Academics
  - a. You must be enrolled in courses offering 3.0 units of credit. (This is normally six courses).
  - b. You must have earned a minimum of 3.0 units of credit in the semester prior to participation. If you are attempting more than 3.5 credits, you must have earned credit in 80% of the classes you attempted in the semester prior to participation. All work is to be completed by the close of the semester. The close of the semester shall be defined as the end of the last day of finals for each semester. The only exceptions for extensions for work to be turned in will be prior approval of school administrator and activities director, or verified absences with make-up to be made at the earliest possible return date.
3. Transferring schools
  - a. If you transfer schools and your parents do not move to your new school district, you will be ineligible for 365 days, unless you meet one of the exceptions to the transfer or promotion rules. (See your principal or activities director regarding non-traditional households).
  - b. If you move with your parents to your new school district, you will be eligible immediately upon completion of the MSHSAA transfer process.
4. Participation limits
  - a. You are eligible to participate in any sport for a maximum of four seasons. Any part of a game played during a season counts as a season of participation.
  - b. Your eligibility to participate in high school activities begins when you first enter the ninth grade and lasts for the first eight semesters that you are enrolled in high school. Your eighth semester must immediately follow your seventh semester.
5. If you reach the age of 19 prior to July 1, you will be ineligible for interscholastic competition the next school year.
6. You must enter school within the first 11 days of the semester to be eligible.
7. Awards standards

In the case of awards being accepted for participating in events, this should be cleared through the Activities Director to make sure students maintain their eligibility.

  - a. Students may receive awards in the form of medals, trophies, ribbons, plaques, etc.
  - b. Students may receive merchandise items as long as they do not exceed a total retail value of \$250.
  - c. Students may not receive awards in the form of services, cash, or gift certificates.

8. Non-school competition  
When entering a competition as an individual that is similar to a school event during the season, please see the Activities Director to ensure eligibility (i.e. fun runs, entering tournaments as an individual).
  - a. You may not participate in any organized non-school athletic competition and your school team **IN THE SAME SPORT** during the same season with the exception of swimming, golf, tennis, cross country, track and wrestling (please see the activities director with these circumstances).
  - b. Students may attend College/University sponsored camps as long as they are evaluation only with limited modified scrimmaging (no complete games). School time missed has to be approved by administrator prior to event. Wentzville recommends prior approval in any case to ensure eligibility.
  - c. You may participate on a school team and a non-school team in different sports during the same season; however, you may not practice or compete in non-school organized athletic competition **ON THE SAME DAY** that you practice or compete with your school team without approval of the school administration.
  - d. Before you join any non-school team or enter any non-school competition involving athletics, check with the activities director to make certain these standards are being met.
9. You may participate in an “audition” or “tryout” for a college team only after you have completed your last season of eligibility in the sport for which you wish to tryout.
10. Any information concerning colleges for scholarship opportunities will be distributed by the specific coaches.

### ***EIGHTH GRADE ELIGIBILITY***

An eighth grade student must meet the following requirements in order to be academically eligible to participate in interscholastic activities:

A student must have been promoted to a higher grade or a higher level in special education at the close of the previous year. However, any such student who failed more than one scheduled subject, or failed to make standard progress in special education, shall be ineligible the following grading period regardless of promotion to the higher grade. A “grading period” is a period no less than six weeks and no greater than nine weeks where progress is determined and is reported to students/parents.

**A REMINDER:** Any questions pertaining to eligibility that are not answered above should be brought to the attention of the middle school coach/administrator prior to participation in the event.

### ***ATTENDANCE ELIGIBILITY***

A student shall not be considered eligible to participate in contests or practices while under **suspension**; this would include in-school and out-of-school suspensions. The student will once again be eligible when he/she attends a full day of class without any suspensions. The student who is expelled or who withdraws from school because of disciplinary measures shall not be considered eligible for 365 days from the date of expulsion or withdrawal.

**\*\*SAIP STATEMENT\*\*** Students entering the SAIP program are ineligible until they complete the discipline process associated with our Citizenship clause, and have a re-entry interview with Coaches and Activities Director.

If a student misses class (es) without being excused prior to absence by the principal, the student shall not be considered eligible on that date. Further, the student cannot be certified eligible to participate on any subsequent date until the student attends a full day of class.

**\*\*Verified absences are not excused absences. To participate in activities all absences require prior approval of administrator or doctor's note upon arrival. All students should be in class prior to the end of 1<sup>st</sup> period without above exceptions.**

In the event that a student is assigned an afternoon detention period as the result of a classroom problem, the detention **MUST** be served before the student can return to an extra-curricular activity. He/she is not allowed to use the excuse of "I have practice, so I can't stay." **The classroom obligation always comes first.**

### ***CITIZENSHIP GUIDELINES FOR EXTRA-CURRICULAR PARTICIPATION***

To be eligible to participate in school activities is a privilege, not an inherent right and therefore requires certain behaviors and attitudes. More specifically, any student who represents his or her school in activities must be a creditable citizen and be judged so by proper school authority certifying the list of students for participation.

A student whose character or conduct is such as to reflect discredit upon himself/herself or his/her school is not considered a creditable citizen. His/her conduct shall be satisfactory in accord with the standards of good discipline. Students, who participate in the activities, athletics, or performing arts programs, should remember the rewards, recognition, and notoriety that comes with involvement also carries a high degree of school, civic, and individual discipline and responsibility.

The rewards are great! A student has much to gain, but also has much to lose for behavior which is inappropriate. Besides the possibility of losing eligibility for inappropriate behavior, students involved in the extracurricular activities programs are also subject to the disciplinary consequences listed in the Student Handbook.

It is understood that citizenship eligibility cases are handled on an individual basis by the sponsor/coach/director/supervisor, principal, activities director, parents, and student. However, it is also felt that system-wide guidelines will assist in the uniform handling of such cases. Cases will be investigated when: police records are available, a district employee has first-hand knowledge, and/or there is student admission.

Students should always remember to conduct themselves in such a manner as to reflect positively upon themselves, family, school, and community.

To clearly outline and define the disciplinary action, the following guidelines are provided for students.

1. **Citizenship** - Students whose character or conduct is such as to reflect discredit upon themselves or their school are **NOT** considered a "creditable citizen". This includes violations of public law and/or school policy.  
**Violation Penalty** - A student who may or will have charges filed for a municipal ordinance violation, misdemeanor, or felony will be suspended from competition in extracurricular activities and remain ineligible until his/her judgment is satisfied according to public law and/or school policy. **This includes violations that take place during the season and/or non-season including evenings, and weekends.** School officials may deny participation in all extracurricular activities to a student convicted, reduced charges, or found "not innocent" of a municipal ordinance, misdemeanor, or felony.

**\*Reinstatement - Reinstatement to the activity/athletic team(s) may be granted after a review by the school administration and the sponsor/coach.**

2. **Alcoholic beverages, tobacco products, and/or illicit drug possession use, sale, and/or abuse.** Students should not use, sell, abuse, or possess alcoholic beverages, tobacco products, and/or illicit drugs.

\*\*This includes all vaping type products and devices

- a. **First Violation**

Upon the **first violation** for tobacco, alcohol, and drugs the student will be suspended for 20 percent of the remaining games/events in the sport/activity he/she is participating. Suspensions for the first violation will carryover from one school year to the next, from one season to the next, and from one sport/activity to the next. The athlete/student and parent/guardian must meet with the coach/sponsor and activities administrator before the athlete/student can return to participation.

- b. **Second Violation**

Upon the **second violation**, the student will be suspended for 50 percent of the remaining games/events in the sport/events he/she is participating. Suspensions for the second violation will carryover from one school year to the next, from one season to the next, and from one sport/activity to the next. The student and parent/guardian must meet with the coach/sponsor and activities director before the student can return to participation.

- c. **Third Violation**

Upon the **third violation**, the athlete/student will be suspended from participating in any sport or activity for a period extending for a full calendar year or beyond depending on a hearing by an Athletic/Activities Review Board consisting of the coach/sponsor, activities director, and assistant principal.

**\*Repeated violations of any of the above may result in complete disassociation with any or all activity/athletic teams for the remainder of the student's high school career.**

## **CHAIN OF COMMUNICATION PROCESS**

### Overview:

Communication is the cornerstone to any relationship. This is especially true in the coach-athlete relationship. Within this relationship difficult issues must be dealt with at times, including; discipline, player performance, and player dissatisfaction. Proper communication results in the positive resolution of such issues, stronger coach-player relations, and other benefits such as the student learning how to solve problems.

Parents also have a relationship with their child's coach, and communication is equally important to this relationship. Parents may feel the need to step in on their child's behalf. Whatever the motive, proper communication will enhance coach-parent and coach-player relations.

The following is a guide for coaches, parents, and student athletes. This guide provides a chain of communication that will maintain and build positive relationships.

## Chain of Communications:

### 1. Step One: Mandatory Coach-Athlete session.

If a player or his/her parent has any issue or problem with his/her sport experience, the student-athlete is expected to address the coach. Athletes are also encouraged to talk with the coach about any issue in their personal or academic lives. The district's expectations of coaches include open communication and positive relations. Coaches have been trained on communication and counseling skills.

### 2. Step Two: Coach-Parent-Athlete session.

If an issue has not been resolved in step one, this is the next step in the chain of communication. The guideline here is to set up an appointment at the coach's discretion. If the issue is emotional, the appointment should be scheduled at a later time so the parties involved are calm and problem solving can occur. Also, the parent or player should define the purpose of the session when the appointment is set.

Parents who try to discuss important issues with a coach as they are walking off the game or practice field would be an example of circumvention of this process.

In this step, there may be rare cases when it may be best if the athlete does not participate in the session. If either the parent or coach feels this is the case, this should be discussed when setting the appointment and purpose of the meeting.

### 3. Step Three: Administrator-Coach-Parent-Athlete session.

If an issue is not resolved in step two, this is the next step in the chain of communication. This step may be initiated by any party. Using the same process as above, an appointment is set and all parties define the purpose of the meeting.

Again, there may be cases where it is appropriate an athlete not be present. This is to be discussed and determined prior to the appointment.

## Additional Guidelines:

1. All sessions should contain key elements for success
  - a. Issues should be well defined. Solutions should be offered by all parties and then the best solution selected. Thus, a decision is made, a problem is solved.
  - b. Tone and volume of voice, respect, and appropriate behavior are other common elements.
  - c. All sessions should be student-centered. In other words, it is assumed all parties have the best interest of the student-athlete held as top priority. It is also assumed all parties can recognize the difficulty in balancing the good of the individual v. the good of the majority.
2. Exceptions may be appropriate in extreme cases. For instance, a coach may have to notify an administrator immediately if a school discipline rule has been broken by an athlete. Likewise, a player or parent would want to notify an administrator if a coach is placing a player in harm's way. In both of these examples, the situation is extreme and relatively rare.

### ***DUE PROCESS AND APPEALS***

Students will have the opportunity to express their side of any incident in which they may be involved. Parents/Guardians may be involved with students during the meetings. The coach/sponsor, in consultation with the activities director and school administrator, may suspend a student from activities after having given him/her the right to be heard. The suspension decision may be appealed to the principal. The principal's decision will be final. The student and/or his/her parent/guardian may appeal actions taken pursuant to this policy.

**\*Any incidents which occur that are not covered by these guidelines will be reviewed on an individual basis and decisions related to penalties will be made jointly by the school administration and coach/sponsor.**

### ***HAZING***

Student hazing is expressly prohibited by Board of Education policy (Policy, Regulation, and Form 2920). For purpose of this policy, hazing is defined as willful conduct directed at another student, whether occurring on or off school property, for purposes of initiation or admission to any school-related activity or athletic team.

Students found to have violated this policy will be subject to suspension/expulsion from school and suspension/exclusion from activities/athletic participation depending on the severity of the misconduct per Board Policy.

Non-students who participate or enable the hazing of students may be excluded from attendance at school activities and school athletic events. District employees, including sponsors and coaches who have knowledge of school hazing, but fail to take corrective action, will be subject to discipline up to and including termination of district employment. **If hazing occurs, coaches/sponsors must report the incident to school administration immediately.**

### ***CONFLICTS BETWEEN ACTIVITIES***

Students should make the best choices when participating in activities to avoid conflicts between activities. This involves good communication, decision-making skills, prioritizing, and long-range goals and aspirations.

However, when a conflict arises between two school-sponsored activities, consideration should be given to the following list: (Ultimately, the decision will be made by the student with no repercussions).

1. State contest
2. District contest
3. Conference contest
4. Academic class
5. Interscholastic contest
6. Required (dress rehearsal) practices
7. Regular practices

### ***CARE OF EQUIPMENT***

In order to give athletes a sense of responsibility and an appreciation of their equipment, squad members are to be held accountable for the abuse or loss of it. The cooperation of all coaches is solicited in seeing that players maintain proper care of all athletic equipment.

It is the responsibility of the head coach to see that players always put away and check in their equipment after games and practices.

Any equipment lost by an athlete must be paid for by the athlete.

Any loss of equipment should be immediately reported to the head coach, rather than waiting until the end of the season.

Coaches are to inform their players not to exchange any equipment (practice or game). If it is necessary to make an adjustment, then this is to be done through the coaches.

Coaches shall make clear to the members of their squads that any member of the coaching staff, teachers, principals, or the activities director has the prerogative to command proper use of any school equipment and/or facilities at any time.

No students or athletes are to use the gyms, athletic areas, weight rooms, locker rooms, or showers unless supervised by a coach or faculty member.

All equipment from a sport/activity must be turned in and/or all equipment debts from a sport/activity must be paid before a student will be permitted to compete or participate in another sport or activity.

### ***ATHLETIC AWARDS***

An athletic award is a symbol of athletic accomplishment, good sportsmanship, and observance of athletic policies. Student athletes, managers, trainers, and cheerleaders are eligible to earn awards. No student athlete may receive an award in a sport for which he/she is academically ineligible at the completion of the season or if under suspension for an athletic violation. Candidates must complete the season's play; however, this requirement may be waived in cases of physical injury. No awards will be issued to an athlete until all equipment for his/her sport is turned in to the coach.

### ***TRANSPORTATION***

All students will be transported to and from extra-curricular activities using district transportation, unless prior arrangements have been made. Prior arrangements must be approved by the activities director and/or the principal.

Students' will be allowed to ride with their parents to and from contests with prior approval through the activities director and/ or principal. Parents will be allowed to transport their child only.

### ***SUNDAY PRACTICE***

Occasionally, a coach may have a practice on Sunday afternoon to prepare for a Monday contest. However, attendance at Sunday practice is not required, and the athlete will not face consequences for not attending. We do however, expect the student/athlete to communicate with the head coach should he/she miss a practice.

### ***CHANGING/QUITTING TEAMS***

A student who is out for a sport but who does not finish the season in that sport will not be eligible to start practicing for another sport before the end of the competition in the sport that was dropped, unless the coaches of both sports and the activities director give their consent.

### ***UNSPORTSMANLIKE CONDUCT***

A display of unsportsmanlike conduct, the use of profanity, insubordination, or other behavior unbecoming an athlete during practice or contest will result in disciplinary action. The coach has

the responsibility and the authority to take action that will result in what is best for the individual, the team, and the school. Disciplinary action may range from a verbal warning, counseling, or suspension. Dismissal from the team may result after the coach has made a recommendation to the activities director and/or principal.

### ***TRAINING ROOM***

The training room is available to all athletes. Athletes are offered a wide variety of services to help meet the demands of athletic competition. The following are guidelines to be followed when using the training room.

1. No student is permitted in this room without the athletic trainer or coach being with him/her.
2. Only student athletes needing treatment and/or rehabilitation of an athletic injury are allowed in this area.
3. All taping, bandaging and treatments will be done by the coach or athletic training staff.
4. Wear appropriate clothing - we are a coed facility.
5. Take a shower after practice before receiving treatment.
6. Only the athletic training staff is to switch the whirlpool on or off.

### ***SUPERVISION POLICY***

No individual student, team, or activity group shall be permitted to participate in events without being accompanied and supervised by a representative of the school faculty or administrative staff. Activity sponsors are responsible for supervision of groups while on the bus traveling to and from events, while at the events, and until the students' rides arrive.

Activity may not occur without school representative supervision. This includes but is not exclusive to: practices, meetings, performances, contests, and bus transportation.

Sponsorship includes the coach/sponsor riding the bus, accompanying the activity, and/or supervising any activity under the sponsorship of a particular department. Sponsorship may necessitate the coach/sponsor procuring assistance from within his/her own department and/or activity personnel. It is the responsibility of the activity sponsor to cover his/her events.

### ***CONFERENCE AFFILIATION***

The Wentzville School District is a cooperating member of the Gateway Athletic Conference, and, as a member, is committed to adhere to the rules and regulations of the association.

Presently there are 17 member schools, which are divided into three divisions with each division based upon the population of each individual school. The division by population is as follows:

<u>NORTH DIVISION</u>	<u>CENTRAL DIVISION</u>	<u>SOUTH DIVISION</u>
North Point High School**	Ft. Zumwalt East High School	Francis Howell High School
Orchard Farm High School	Ft. Zumwalt North High School	Francis Howell Central High School
St. Charles High School	Ft. Zumwalt South High School	Francis Howell North High School
St. Charles West High School	Holt High School	Ft. Zumwalt West High School
Warrenton High School	Liberty High School	Timberland High School
Winfield High School	Washington High School	Troy Buchanan High School

\*\* All sports except football

### **BRAIN INJURIES**

The Wentzville School District is committed to ensuring that student athletes are properly treated for brain injuries. All students participating in MSHSAA approved athletics as well as MSHSAA approved activities of Cheerleading and Dance will receive the ImPACT neurocognitive assessment

prior to initial participation and post-brain injury, if necessary. After a brain injury (concussion), students must be within an acceptable range of their baseline score to return to play. The post-injury score will be reviewed by the District's contracted sports medicine physician. The student athlete must receive clearance from the sports medicine physical prior to returning to practice and/or competition.

## **SPORTS BY SEASON – HIGH SCHOOL**

### **FALL SPORTS**

Boy's Cross Country – Varsity, Junior Varsity  
Girl's Cross Country – Varsity, Junior Varsity  
Football – Varsity, Junior Varsity, Freshmen  
Girl's Volleyball – Varsity, Junior Varsity, Freshmen  
Softball – Varsity, Junior Varsity, Freshmen

Boy's Soccer – Varsity, Junior Varsity, Freshmen  
Boy's Swimming & Diving – Varsity, Junior Varsity  
Girl's Golf – Varsity, Junior Varsity  
Girl's Tennis – Varsity, Junior Varsity

### **WINTER SPORTS**

Boy's Basketball – Varsity, Junior Varsity, Freshmen  
Girl's Basketball – Varsity, Junior Varsity, Freshmen  
Girl's Swimming & Diving – Varsity, Junior Varsity  
Boy's Wrestling – Varsity, Junior Varsity, Freshmen  
Girl's Wrestling – Varsity

### **SPRING SPORTS**

Baseball – Varsity, Junior Varsity, Freshmen  
Girl's Soccer – Varsity, Junior Varsity, Freshmen  
Boy's Golf – Varsity, Junior Varsity  
Boy's Tennis – Varsity, Junior Varsity  
Boy's Track – Varsity, Junior Varsity, Freshmen  
Girl's Track – Varsity, Junior Varsity, Freshmen

### **EXTRA-CURRICULAR INTERSCHOLASTIC ACTIVITIES**

Fall Cheerleading – Varsity, Junior Varsity, Freshmen  
Winter Cheerleading – Varsity, Junior Varsity Freshmen  
Dance Team – Varsity, Junior Varsity

### **CO-CURRICULAR ACTIVITIES**

Band-concert, marching, pep  
Choir  
Distribution Education Club (DECA)  
Drama  
FBLA  
FCCLA  
Newspaper  
Student Council  
Yearbook

### **SPORTS BY SEASON – MIDDLE SCHOOL**

#### **FALL SPORTS**

Boy's Cross Country  
Girl's Cross Country

#### **WINTER SPORTS**

Boy's Basketball  
Girl's Basketball

#### **SPRING SPORTS**

Boy's Track  
Girl's Track

### **EXTRA-CURRICULAR ACTIVITIES-SEE ACTIVITIES WEBSITE**

\*Co-curricular and Extra-curricular Activities may vary by school depending on interest.

### **EXTRA-CURRICULAR INTERSCHOLASTIC ACTIVITIES**

Winter Cheerleading  
Winter Dance Team

## WENTZVILLE SCHOOL DISTRICT

### NOTICE OF NON-DISCRIMINATION

The Wentzville R-IV School District does not discriminate on the basis of race, color, national origin, sex, sexual orientation or perceived sexual orientation, disability, or age, in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies:

Section 504/Title II Coordinator for Students  
Laura Parn, Executive Director  
280 Interstate Drive  
Wentzville, MO 63385  
(636) 327-3800

Title IX Coordinator and Section 504/Title II Coordinator for Employment  
Brian Bishop, Assistant Superintendent  
280 Interstate Drive  
Wentzville, MO 63385  
(636) 327-3800, Ext. 20349  
brianbishop@wsdr4.org

Individuals who wish to file a complaint with OCR may contact OCR:  
U.S. Department of Education, Office for Civil Rights  
One Petticoat Lane, 1010 Walnut Street, Suite 320  
Kansas City, Missouri 64106  
Telephone: (816) 268-0550; Fax: (816)268-0599; TTY(877) 521-2172; Email:  
[OCR.KansasCity@ed.gov](mailto:OCR.KansasCity@ed.gov).

For further information on notice of non-discrimination, visit  
<https://www2.ed.gov/about/offices/list/ocr/docs/nondisc.html>

**Dr. Danielle Tormala**  
**Superintendent of Schools**

Policy 1300  
Regulation 1300  
Form 1300

### NOTICE OF REVISION

The Wentzville R-IV School District has revised 504 Procedural Safeguards and Regulation 2110 with respect to the filing time period for an impartial hearing. The filing period is not 90 calendar days from the date of the District's written notice of the proposed or refused action regarding the identification, evaluation, or accommodation of a student with a disability.