

## Allergy & Anaphylaxis Emergency Plan

Child has Asthma?	Child's Name:	Date:	
Child has Asthma?	Child's DOB: Age:	Weight:	
Child may carry Medicine?	Child has Allergy to:		
Child may give self Medicine?	Child has Asthma?	of severe reaction.)	
Child may give self Medicine?  \[ \text{ Yes } \] No (If child refuses/is unable to self-treat, an adult must give medicine.)  IMPORTANT REMINDER-  \[ Anaphylaxis is a potentially life-threating, severe allergic reaction. If in doubt, give epinephrine was give epinephrine.  For severe Allergy and Anaphylaxis  \[ What to look for:  \]  If child has ANY of these severe symptoms after eating the food or having a sting, give epinephrine.  Shortness of breath, wheezing, or coughing  Skin color is pale or has a bluish color  Weak pulse  Fainting or dizziness  Swelling of lips or tongue that bother breathing  Nomiting or dizrines (if severe or combined with other symptoms)  Many hives or redness over body  Feeling of "doom", confusion, altered consciousness, or agitation  SPECIAL SITUATION: If this box is checked, child has an extremely severe allergy to an insect sting or the following food(s):  Even if child vomits or has trouble breathing, keep child lying on his or her side.  SPECIAL SITUATION: If this box is checked, child has MiLD symptoms after a sting or eating these foods, give epinephrine.  For Mild Allergic Reaction  What to look for:  If a child has had any mild symptoms, monitor child.  Symptoms may include:  - Itchy nose, sneezing, itchy mouth - A few hives - Mild stomach nausea or discomfort  Manifer Child  What to do:  Stay with child and:  - Call parents and child's doctor Give a second dose of epinephrine Antihistamine (if prescribed) Call parents and child's doctor If symptoms of severe allergy (anaphylaxis develop, use epinephrine. (See "for Severe Allergy & Anaphyla  Medicines/Doses:  Epinephrine, intramuscular (list type):  Dose:  O.15mg O.30mg (weight more than 25 and third source).	Child has had Anaphylaxis? ☐ Yes ☐ No		
### IMPORTANT REMINDER— Anaphylaxis is a potentially life-threating, severe allergic reaction. If in doubt, give epinephric  For severe Allergy and Anaphylaxis	Child may carry Medicine? ☐ Yes ☐ No		
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□ SPECIAL SITUATION: If this box is checked, child has an extremely severe allergy to an insect sting or the following food(s):		<ol> <li>Stay with child and:         <ul> <li>Call parents and child's doctor.</li> <li>Give a second dose of epinephrine, if symptoms get worse, continue, or do not get better in 5 minutes.</li> <li>Keep child lying on back. If child vomits or has trouble breathing, keep child lying on his or her side.</li> </ul> </li> <li>Give other medicine, if prescribed. Do not use other medicine in place of epinephrine.         <ul> <li>Antihistamine</li> </ul> </li> </ol>	
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	Epinephrine, intramuscular (list type):	Dose:   0.15mg   0.30mg (weight more than 25 kg	
Other (for example, inhaler/bronchodilator if child has asthma):			